



North Carolina Board of Dietetics/Nutrition

Deadlines

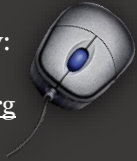
Renewal Open:
January 1 – March 31

Late Renewal (Additional
Late fee):
April 1 – May 31

License Lapse:
June 1

All License Needs:

Licensee Gateway:
gateway.ncbdn.org



Contact:

NCBDN
140 Preston Executive Dr.,
Suite 205-C
Cary, NC 27513

Email: info@ncbdn.org

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Online Renewal Opened January 1st

Happy New Year! Online renewal began January 1, 2019. Visit our [NCBDN Gateway](#) to renew your LDN license. You can also simply type or copy/paste this URL into your browser window: www.ncbdn.org/renew.

Email and postcard reminders will be sent periodically throughout the renewal season. Please note, you do not “lose” any time on your current license by renewing before the March 31st deadline – all licenses are renewed through March 31st of the following year. Renewal after March 31st (but before May 31st) will incur an additional \$75 late fee for a total of \$150. Unless you take action to renew, relinquish, or go inactive, after May 31st your license will be considered Lapsed.

1. **LEGAL QUESTION CHANGE: Please be aware that the wording for the legal question regarding charges and/or convictions has changed.** This question used to ask if you have **ever** been criminally **charged**, convicted, indicted, found guilty, plead no contest, or entered a guilty plea of a violation of federal law, state law, or municipal ordinance (including DWI) other than a minor traffic violation? (Do not report any arrest, charge, or conviction that has been expunged.) The wording of this question indicated that you had to report *any* charge that was not expunged, even if dismissed, to the Board.

The new wording of the question is, “Do you have any **pending** criminal **charges, and/or** have you ever been convicted, indicted, found guilty, plead no contest, or entered a guilty plea of a misdemeanor or felony



(including DWI, DUI, careless and reckless driving, or any offense involving serious injury or death) other than a minor traffic violation (Do not report any arrest, charge, or conviction that has been expunged.)”

In terms of charges, the question now indicates that only **pending** charges must be reported. **This means if you had a charge that resulted in a dismissal, you no longer report that to the Board.** However, please note, you still must report all charges in which you were convicted, were indicted, were found guilty, plead no contest, or entered a guilty plea of a misdemeanor or felony (including DWI, DUI, careless and reckless driving, or any offense involving serious injury or death) other than a minor traffic violation (Do not report any arrest, charge, or conviction that has been expunged.)

If you have reported an incident in the past and provided documentation to the Board, you may continue to briefly state the incident, but indicate that documentation has been previously supplied.

If you have any questions about whether to report a charge or conviction, please do not hesitate to contact our office: info@ncbdn.org or 919-388-1931.

2. **All renewals must be completed online.** In the event that you or your employer will only use a paper check, you will have the option during the online payment process to select the tab “Pay by Check,” print a payment coupon, and mail a check or money order to our office. However, no renewal application awaiting a check or money order will be processed until the funds are received & validated. Thus, if the envelope containing a payment is not postmarked by March 31st, you will be subject to the \$75 late fee.
3. Please remember it is your duty to **uphold the Code of Ethics** detailed in 21 NCAC 17.0114 when answering the legal questions asked on your license renewal application. The Board will consider it a violation of North Carolina General Statute §90-363 if you do not truthfully answer these questions. There is a comment area directly after these questions in order for those answering “yes” to detail this information, and continue to renew online. If you have questions regarding the legal questions asked, please do not hesitate to contact our office: info@ncbdn.org or 919-388-1931.
4. To ensure you receive important updates regarding your license and license renewal information, **please unblock** noreply@ncbdn.org, info@ncbdn.org, and gateway@ncbdn.org or **add them to your safe sender list.**

5. Failure to receive renewal notice is not justification for late renewal or a lapsed license. [Click here to log in](#) and change your contact information on our website 24/7.

Board Member Transitions

The passage of HB357 required a change in the composition of the NCBDN Board. This change, along with the expiration of terms, means that in the last several months, we have seen a total of four members transition off the Board, and we have welcomed four new Board members. We highlighted two outgoing and two incoming Board members this past summer. The winter issue allows us to thank two more outgoing Board members, and introduce two new Board members.

Cathie Ostrowski, MS, RD, LDN, outgoing Treasurer and Board member representing Nutrition Education, served on the NCBDN for six years. Cathie was an integral part of the Board with her in-depth knowledge of Didactic Academic Programs in dietetics, Dietetic Internships, and insight into the ACEND accreditation process and standards. Cathie was also committed to serving the Board as Treasurer for most of her two terms. We thank Cathie for her long-standing commitment to serving the citizens of NC.

Maurene Rickards, outgoing Board member representing the Public Interest, served for two years on the NCBDN. Maurene's input and perspective was extremely valuable to the Board during her time with the NCBDN. Per the requirements of HB357, Maurene was replaced by a Licensed Physician.

Amanda S. Holliday, MS, RD, LDN, was appointed to the Board representing Education. Amanda is an Assistant Professor in the Department of Nutrition at UNC Chapel Hill. Most recently, Amanda was also appointed as the Director of the Practice, Advancement, and Continuing Education (PACE) Division within the Department of Nutrition. She works primarily with students enrolled in the bachelors and masters programs to become registered dietitians. She currently teaches two medical nutrition therapy courses, an interviewing and counseling skills development course, a nutrition and older adult course, and a medical nutrition therapy case seminar course. She is also preceptor for the master's students completing the hospital-based experience and long-term care experience with staff dietitians in area hospitals. Amanda's interests lie in older adult nutrition and the clinical and management nutrition components of the professional education for dietitians.

Dr. Ananya Sen was appointed as the Physician member of the Board, a position created by the passage of HB357. She has been practicing medicine for 30 years. Born and raised in Calcutta, India, she completed medical school and worked in Pediatrics for five years. She and her family moved to the United States in 1994 to further her studies and gain additional experience in medical practice. She completed her residency in family practice where she worked both in the outpatient and inpatient setting, and also practiced in Obstetrics & Gynecology.

She settled in North Carolina in 2006 with her oncologist husband and three children, working at both Duke and Rex in different capacities. Fulfilling her passion for serving the community, Dr. Sen is currently working as a hospitalist for the Central Prison Health Complex in Raleigh. She is passionate not only about the science of medicine but also teaching the art of medicine to medical students and NPs. Outside of medicine, Dr. Sen is interested in the theater arts and is an avid world traveler.

Revised Guideline A for Unlicensed Persons

HB357 brought many changes to the NC Dietetics/Nutrition Practice Act (the Act). Over the next few newsletters, we will highlight some of those changes, in hopes that all will gain a better understanding of the current law.

In this edition we are highlighting HB357's focusing of licensure on medical nutrition therapy, and thus the expansion of nutrition related services unlicensed persons may provide. Under the prior law, a license was required to practice dietetics/nutrition. The definition of dietetics/nutrition was quite broad, and thus nearly all nutrition related services, in theory, required a license. Now, with the changes brought by HB357, instead of a license being required to practice dietetics/nutrition, a license is required to provide medical nutrition therapy. Medical nutrition therapy is defined in the statute under N.C. General Statute § 90-352(3a) as "the provision of nutrition care services for the purpose of managing or treating a medical condition."

What does this narrowing mean? This is explained by the new exemption provided in N.C. General Statute § 90-368(12) where it provides that the following persons are exempt from licensure requirements:

Any individual who provides nutrition information, guidance, encouragement, individualized nutrition recommendations, or weight control services that do not constitute medical nutrition therapy as defined in G.S. 90 352, provided that the individual (i) does not hold himself or herself out as a licensed dietitian/nutritionist or a licensed nutritionist as prohibited under G.S. 90 365 and (ii) does not seek to provide medical nutrition therapy as defined in G.S. 90 352.

Thus, so long as unlicensed persons (who are not otherwise exempt) are limiting their services to what is described in § 90-352(12), such persons are not acting in violation of the Act. In order to aid licensees in understanding this change, and to help unlicensed persons who are not otherwise exempt, practice in-line with the requirements provided in the Act, the NCBDN has adopted a revised [Guideline A](#). We encourage you to review this document for your own knowledge and understanding, and share it with unlicensed persons you know, like health coaches, trainers, and possibly clients, in order to help ensure all have a clear understanding of the Act.

Rule Changes

As a result of the passage of HB357, many of the rules governing the NCBDN no longer align with the provisions in the NC Dietetics/Nutrition Practice Act. Thus, over the next several months, the NCBDN will be working on rule changes in order to address this disconformity. Initially, due to a deadline of July 31, 2019, the NCBDN will focus on six rules that require readoption as per the requirements of HB74, a different bill that was passed in 2013, requiring all boards to review their rules. You can learn more about HB74 and its requirements [here](#). Then work will begin on the many other rules that require amending.

If you would like to participate in this process, please be aware that the Board provides notice of its Rules Committee meetings, as well as Board meetings, on its website, with information on how one can participate electronically. Additionally, in accordance with the requirements for adopting rules, the NCBDN will be publishing any rules it proposes for adoption, and will hold a public hearing, in order to receive public comment. Again, such information will be posted to our website, at www.ncbdn.org, under the tab Law & Rules.