



North Carolina Board of Dietetics/Nutrition

Deadlines

Renewal Open:

January 1 – March 31

Late Renewal (Additional
Late fee):

April 1 – May 31

License Lapse:

June 1

All License Needs:

Licensee Gateway:

gateway.ncbdn.org

Office:

NCBDN

140 Preston Executive

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Cary, NC 27513

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HB357 Passage: What It Means

On June 25th of 2018, HB357 ([SL 2018-91](#)) was signed into law by Governor Roy Cooper. With its passage, this amendment brings many exciting changes to the practice of dietetics and nutrition in North Carolina. If you have not reviewed the bill, we encourage you to do so.

At present, we are working to implement the changes HB357 brings, which include provision for order writing, a new pathway to licensure, elimination of the exemption from licensure for dietitians/nutritionists practicing in hospitals and long-term care facilities, expansion of the ability of unlicensed persons to be able to provide non-medical nutrition services, significant changes in Board composition, and the requirement of criminal background checks for all new licensure applicants.

The specific language in HB357, which addresses order writing, provides that under our licensees' scope of practice, licensees may order therapeutic diets. There is also now provision for licensees to order laboratory tests related to the practice of dietetics/nutrition. This language is intentionally broad in order not to limit the practices of licensees who are competent to be able to provide such services. With this acknowledged, we do recognize that some of the regulations found in Title 21, Chapter 17 of the North Carolina Administrative Code will need to be revised, and possibly, new regulations written, in order for practitioners to confidently be able to practice under this revised scope of practice. Work has begun on drafting such regulations.

Additionally, we are working to create an application and supporting forms for the new pathway to licensure for nutritionists, created under N.C.G.S. § 90-357.5(c). Given this pathway requires Board review of an applicant's coursework and supervised practice experience, and is not licensure by endorsement, significant time and attention has been spent on these forms in order to ensure that all



information required under the statute is received and verified. It is our aim to release these forms on the website before the end of the July.

Finally, it is again noted, that effective July 1, 2018, all new applicants for licensure are required to submit to a criminal background check. Although we are prepared to implement this requirement, we presently await final account approval from the Federal Bureau of Investigations. All applications submitted on July 1, 2018 and thereafter will remain pending until our account is opened and criminal background checks are completed. We are hopeful that our account will be finalized soon.

Please note, although not detailed here, there are many other changes that HB357 brings. Thus, we again encourage you to review [SL 2018-91](#). Over the next few months we will be working to update the NCBDN website and guidelines to ensure all of the information provided is in accord with the revised law. Additionally, it is noted that the regulations addressing order writing are not the only regulations that will require revision. We will be reviewing the content of all rules, and drafting revisions and/or new regulations through the fall. Once drafted, all proposed text will be posted to the NCBDN website, and open for public comment. We welcome your input, and look forward to implementing all of the changes this law brings.

Board Member Transitions

As noted above, the passage of HB357 required a change in the composition of the NCBDN Board. This change, along with the expiration of terms, means that multiple Board members are being replaced, and new Board members are joining. To those that have served, we express our gratitude for their commitment to serving the citizens of North Carolina, and to those who have joined, and will be joining, we welcome you and thank you for your willingness to serve.

Shaynee Roper, M.Ed., RD, LDN, outgoing Chair and Board member representing Management, served on the NCBDN for three years. Shaynee eagerly gave of her time, talents, and knowledge of practice. Per the requirements of HB357, Shaynee is being replaced by a Licensed Nutritionist.

Helene Edwards, MS, RD, LDN, outgoing Vice Chair and Board member representing Community Nutrition, served for three years on the NCBDN. Helene's extensive knowledge and insight into so many aspects of public health and operations of the state has been invaluable and will be missed. Per the requirements of HB357, Helene is being replaced by a Licensed Nutritionist.

Christina C. Wilson, CNS – New Board Member

Christina has a Masters in Nutrition and became a Certified Nutrition Specialist (CNS) in 2014. She is currently the staff nutritional educator for a functional medicine doctor who specializes in women's hormones and epigenetics. Her scope of work includes digital program management, social media, research, writing,

and meal plan and recipe development. Christina also attended culinary school where she specialized in cooking for persons and families with autoimmune diseases. She has prepared gourmet, health-supportive meals for private clients, the *Golden Door Spa*, the *Dean Ornish Healthy Heart Program*, the *Chopra Center for Well Being*, and *Cycle America* bicycle trips. She completed her internship hours at a residential eating disorder clinic, and has a passion for helping women who struggle with disordered eating. Originally a California girl, Christina has lived in beautiful North Carolina for six years, and enjoys traveling, strength training, running, and hosting dinner parties.

Analia Camarasa, CNS – New Board Member

Analia graduated with a Bachelors in Biology from Youngstown State University where she also completed graduate coursework in Molecular Biology. Pursuing her passion for nutrition led her to completing a graduate program focusing in Human Nutrition and Functional Medicine from University of Western States in Portland, OR, where she graduated with distinction. In 2018, Analia became a CNS. Currently, she is a course facilitator at University of Western States where she keeps engaged in one of her passions, academic research.

Analia and her husband moved to Huntersville, North Carolina in June of 2005, where they consider home. She enjoys hiking, reading, playing the piano, exercising, cooking, and spending time with her husband and two children outdoors. Analia looks forward to serving on the NCBDN, expanding her leadership experience, and supporting the practice of nutrition by qualified nutrition professionals in the state of North Carolina.

Board Member Officer Positions, 2018-2019

Each year, the NCBDN votes to fill the officer positions within the Board. This year's vote took place at our July 16, 2018 Board meeting and our new officers will be as follows:

Chair:	Shelia Garner Link, MS, RD, CDE, LDN
Vice Chair:	Kayla Saunders, Public Member
Treasurer:	Kim Iles, MS, RD, LDN
Secretary:	Christina C. Wilson, CNS

Lapsed Licensees - 2018

Our summer newsletter marks the end of another license renewal year. The NC Board of Dietetics/Nutrition currently has 2,997 Active licensees. We presently have forty-one LDNs from our 2018 renewal season who are lapsed and who have not informed the Board of their status. The Board has attempted to contact these individuals to ensure that they are aware of their lapsed licensed status. However, if you know any of the individuals listed below, please contact the individual(s) to inform them of their status, or contact the NCBDN office with any information you may have.

To relinquish a license and remain in good standing, licensees must log into our licensee gateway system, click on their Lapsed license, and request **Relinquished** status under the area called "Options." If a licensee is Lapsed but has retired, following these instructions to Relinquish one's license is the appropriate choice. Persons not able to use the online system to Relinquish their license, may write the Board via email (info@ncbdn.org) or USPS to inform the Board that they wish to Relinquish.

If additional information is known about the employment status of the following individuals, please contact the Board office at: info@ncbdn.org.

Linda Black	Jessica Bluto	E. Rodney Booth	Sarah Boyd
Eileen Bright	Mary Clendaniel	Carol Cote	Debra Craft
Brett Delaney	Paige Eubanks	Ellen Fisher	Susan Gaddy
Cara Gourgoumis	Leslie Guzman	Sarah Hembree	Lori Hoffman
Lisa Hubbard	Martha Irwin	Michelle James	Kelly Jones
Juliann Kahn	Jody Kline-McHugh	Marlene Lesson	Ann Lokuta
Michelle Loyd	Michelle McErlean	Suparna Misra	Felicia Owens
Katherine Patton	Melissa Pederson	Cheryl Phillips	Caraline Place
Mary Ann Pollock	Amanda Poppleton	Richard Steinhoff	Jessica Taylor
Katharine TenPas	Kendra Tolbert	Abigail Vaughn	Elizabeth Wathen
Philip Webb			